

# **DO YOU HAVE ARTHRITIS?**

## **(- RA- PsA- AS-)**

Download this FREE APP to help you self-manage your disease!!

**Scan this QR code** using your phone camera or a QR code reader



App name :  
**ARTHRITIS+ PATIENT**



OR, find it on the **App Store** (Apple) / **PlayStore** (Android).

*After downloading, follow these easy steps to get you on your way.*

### **1. Demographic No. ( Patient ID)**

- Pick any unique numbers of your choice

### **2. Email**

- Enter your personal email

### **3. Profile**

- Fill in your profile; it will serve as your diary. Your answers can always be modified later.

### **4. Diagnosis**

- Choose your disease (Rheumatoid Arthritis, Psoriatic Arthritis, Ankylosing Spondylitis)

Completion of the profile with diagnosis is necessary for the health assessment section to be functional .

You can access the Symptom Journal, Health assessments and educational materials at any time.

**We would love to hear your feedback!**

Please fill out our quick survey which can be found in the app.

*Please note : all data entered stays confidential, with you and your device. No information is shared or collected unless you choose to share at your own discretion (emails, print).*